

Pool Space Allocation Plan v1.5 (Jan 2016)

Time	1700	1730	1800	1830	1900	1930	2000	2030	2100	2

SQUADS

FUNDamentals		up to NPA 7
Competitive skills		NPA 8 - 10
Competitive Performance		Development Programme
		Advanced Programme

INFORMATION

- 10.5 hrs max pool time possible
- 36 max lane hrs / week (inc widths)
- 7.5 hrs max for advanced programme